

NACBH

national association for children's behavioral health



27th ANNUAL MEETING

Doing the Right Thing Right: Children's Behavioral Health

APRIL 25 – 28, 2010
THE MADISON
WASHINGTON, DC

Dear Colleagues:

Against the backdrop of an endless and painful debate to reform our nation's health care system, it is time once again to meet in Washington to recharge, reenergize and recommit our efforts to advocate for children's behavioral health. The impending changes resulting from any eventual health care reform bill demand that we be well informed and prepared to assure that children and families have access to high quality, affordable services. The continuing economic challenges at both the federal and state levels, coupled with the ever-present demands to increase services, transform and survive require unprecedented creativity, vision, agility and leadership. You consistently demonstrate your extraordinary abilities and recommit yourselves countless times to children and youth with or at risk of emotional disturbances, their families and your communities. NACBH is here to give you the edge on leadership and to provide the information and education necessary to promote the public policies that ensure appropriate and relevant services continue to be protected and developed.

Notwithstanding the current gridlock in the nation's Capitol, significant progress has occurred in recent years as the number of uninsured children in the country dropped thanks to the passage and reauthorization of the Children's Health Insurance Program (CHIP) which now includes parity for mental health and substance use services. For decades we worked for and finally witnessed the enactment of mental health and addiction parity and now await the publication of its regulations and implementation. Medicaid remains a top priority as we track the myriad proposed changes in health care reform, await the release of the President's 2011 budget proposal, keep a watchful eye on audits of children's mental health services, work to extend the increase in federal assistance included in the economic stimulus package, monitor the flow of regulations stemming from the passage of the Deficit Reduction Act, and fight to eliminate the antiquated exclusion from federal Medicaid assistance for services to children under the age of 21 in "institutions for mental diseases." Legislative initiatives to regulate abuse in private residential treatment facilities continue to be a federal priority as Congress expands its oversight to prevent the inappropriate use of restraint and seclusion in schools. And this is the short list of what lies ahead. Triaging the issues and distilling the information is our business. Every initiative, every policy demands strong and cohesive advocacy. That advocacy requires your presence and involvement throughout the year and at the annual meeting.

NACBH is proactive, open to critical thinking and criticism, and receptive to new models of planning and performing. Bringing the national leaders and thinkers to you is our job. Contributing your expertise and experience to the discussion is your job. Our meetings, intimate and informal, provide the perfect forum to learn, network and share ideas. This meeting will be no different. As always, a full day of scheduled appointments with your members of Congress takes the discussion to Capitol Hill and reinforces your presence and participation in our collective advocacy efforts. Please join us for a meeting that, once again, promises to challenge, inform and engage.

Jim Maley
President

Joy Midman
Executive Director

SUNDAY, APRIL 25

- 8:30 a.m. – 11:30 a.m. John Adams – Salon A
BOARD MEETING
- 12:30 p.m. – 1:45 p.m. Dolley Madison Ballroom
REGISTRATION
- 1:45 p.m. - 2:15 p.m. Dolley Madison Ballroom
WELCOME/MEETING OVERVIEW
- Jim Maley, Alaska Children’s Services
President, NACBH
- Joy Midman
Executive Director, NACBH
- 2:15 p.m. – 3:15 p.m. KEYNOTE: THE OUTLOOK FOR CHILDREN’S
HEALTH CARE
- Jocelyn Guyer, MPA, Co-Executive Director
Center for Children and Families
Health Policy Institute, Georgetown University
Washington, D.C.

What will children’s health care look like under health reform? What will it look like without? Regardless of the outcome of the current debate, guaranteeing coverage for children and families without employer-sponsored health insurance, protecting and strengthening Medicaid, and maintaining the gains made by the Children’s Health Insurance Program remain high priorities for children’s advocates. The fate of health care reform, the continuing economic downturn and the rising deficits and debt in the coming years will force Congress to address the costs of entitlements and place many of our hard-fought and sorely needed programs in jeopardy. The Center for Children and Families is at the epicenter of policy development and advocacy. Ms. Guyer joins a cadre of policy experts who are ever-present on the front line to analyze trends, dissect policies and help lead efforts to protect and preserve the most vulnerable. At the Center she works extensively on child and family issues. Previously, she was an associate director at the Kaiser Commission on Medicaid and the Uninsured, and a senior health policy analyst on health and welfare policy at the Center on Budget and Policy Priorities. Her overview, insights and analysis of the current and anticipated political environment will be invaluable.

- 3:15 p.m. – 3:45 p.m. Break
- 3:45 p.m. – 5:45 p.m. ANNUAL BUSINESS MEETING
OPEN FORUM
PRE-PREPARATION FOR HILL VISITS

Open to all meeting participants. Reports of the President, Executive Director and Committees review the activities of the past year and lay out goals and priorities for the next. The Election of Officers completes the business of the meeting. Each year meeting participants request more time to share experiences, raise issues of concern and discuss trends, problems and solutions. The Open Forum provides time for honest discourse, the building of connections and consultations. Please use the space provided on the meeting registration to identify questions and/or topics you wish to discuss. This will allow time for research and response, if possible. Preparation for Tuesday’s visits to Capitol Hill will also begin, allowing for familiarization with the issues and a chance for state delegations to meet and organize.

- 6:00 p.m. – 7:30 p.m. John Adams: Reception
A SALUTE TO LEADERSHIP

We gratefully acknowledge the generous and continuing support of the Joint Commission for sponsoring this reception recognizing the leadership of NACBH, its Board, members and their Boards.

MONDAY, APRIL 26

- 8:30 a.m. Dolley Madison Ballroom
Continental Breakfast
- 9:00 a.m. – 10:00 a.m. GREETINGS FROM CMHS
- Gary Blau, Ph.D., Branch Chief
Child, Adolescent and Family Branch
Center for Mental Health Services
Substance Abuse and Mental Health Services
Administration
Rockville, Maryland

Dr. Blau continues to play a leading role in facilitating the transformation of children’s mental health services, a transformation in which NACBH is proud to be a key player. At a time of fiscal constraints and cutbacks, he is responsible for an expanding federal commitment for the Comprehensive Community Mental Health Services for Children and Their Families Program (system of care grants) and is responsible for the Caring for Every Child’s Mental Health Campaign, Statewide Family Network Grant Program, Circles of Care, Partnerships for Youth Transition and Child and Adolescent Mental Health & Substance Abuse State Infrastructure Grants. He has extended his work to help establish, support and guide the development of the Building Bridges Initiative, a national effort of families, youth, providers, advocates and policy makers to assure comprehensive service arrays which are family-driven, youth-guided and recognize the value of all system partners, including residential treatment providers. As always we look forward to his update and outlook for children’s mental health.

10:00 a.m. – 10:15 a.m. Break

10:15 a.m. – 12:15 p.m. FROM RHETORIC TO REALITY:
BUILDING BRIDGES

For the first time since the inception of the system of care movement, there is a national effort to foster closely coordinated partnerships with families, youth, all providers, advocates and policy makers to develop comprehensive service arrays. NACBH and its members have been instrumental in launching the Building Bridges Initiative which establishes a set of principles by which to assess best practices. Transformation is taking place in pockets around the country. This morning will introduce you to an operational model of a fully inclusive local system of care, and a promising new tool to allow all providers to evaluate the quality of their partnership with other system stakeholders. Time has changed the rhetoric and will continue to help relieve the historical tensions between community-based providers, system of care proponents and residential treatment providers as we move from theory to meaningful collaboration.

10:15 a.m. – 11:15 a.m. Jody Levison-Johnson, Director
Service Quality and System Development
Coordinated Care Services, Inc.
Rochester, New York

Supporting the efforts of the Monroe County Office of Mental Health, Ms. Levison-Johnson has been engaged in a pilot project to demonstrate how residential treatment and community-based Child and Family Teams can be paired to best meet the needs of youth with significant emotional and behavioral challenges. In 2005, with federal funds to develop a comprehensive system of care, the county engaged the three local residential programs, families, youth, and public child welfare, mental health, and education agencies, to align residential treatment with system of care values. The goal is to ensure the effective integration of residential treatment in the evolving system. The lessons learned and promises for the future will be shared.

11:15 a.m. – 12:15 p.m. Richard Dougherty, Ph.D., President
DMA Health Strategies
Lexington, Massachusetts

Having consulted with businesses and government agencies on strategic planning, change management and quality improvement over the past 25 years, Dr. Dougherty became an invaluable asset to the Building Bridges Initiative Outcomes Workgroup's development and field testing of the Self Assessment Tool (SAT). The tool, designed to assess current activities against best practices consistent with the Building Bridges principles, is now ready for general use and dissemination. The intent is to implement best practices based on shared values and responsibilities. Dr. Dougherty is a national leader in advancing the use of quality improvement collaboratives, performance benchmarking, disparities reduction and consumer-directed care.

12:15 p.m. – 2:00 p.m. Lunch on your own or with a friend

2:00 p.m. – 3:15 p.m. MENTAL HEALTH PARITY:
IMPLEMENTATION AND IMPLICATIONS
FOR CHILDREN AND FAMILIES

Kathleen Mahieu, MBA, M.Ed., Leader
Behavioral Health Specialty Practice
Hewitt Associates
Norwalk, Connecticut

Pam Greenberger, MPP, President/CEO
Association for Behavioral Health and Wellness
Washington, D.C.

Beginning January 1, 2010, large group plans that cover mental health and substance use disorders can no longer differentiate in the financial requirements or treatment limits for those benefits vs. medical/surgical benefits. However, defining mental health and substance use disorders, as well as medical necessity, remains the purview of individual plans. Though regulations have yet to be published, implementation is proceeding notwithstanding the need for clarity on major issues. How is implementation unfolding? How are children and families likely to fare? What are the implications should health care reform proceed?

Our two speakers represent the leadership in the design and management of employer-sponsored health care. Ms. Mahieu, a returning speaker, is leading Hewitt Associates with their initiatives to develop strategies that support clients in complying with federal parity law. Hewitt Associates is a global leader on human resources including all aspects of benefits and compensation design. Ms. Greenberger represents the trade association of the leading managed behavioral health and wellness companies providing services to more than 110 million Americans. Their inside information and perspectives are critical to the process of implementation and our work to assure that the private sector assumes responsibility for services that have historically been cost-shifted to the public sector.

3:15 p.m. – 3:30 p.m. Break

3:30 p.m. – 4:15 p.m. CONGRESSIONAL OUTLOOK FOR
CHILDREN'S HEALTH

Bruce Lesley, President
First Focus
Washington, D.C.

With the children's advocacy community split on how to best guarantee health care for children and families in health reform, the recommendations of President Obama's second budget coming in the midst of a continuing recession, the economy wreaking havoc with state budgets, and the imperative to address the burgeoning costs of

CONGRESSIONAL SCHEDULING FORM
NACBH 27th ANNUAL MEETING

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Tuesday, April 27, 2010

- ❖ NACBH will schedule your appointments with Members of Congress or staff throughout the day. In general, we will schedule on the House side before noon and the Senate side after 2:00. A luncheon is scheduled from noon until 2:00, with speakers to be announced.
- ❖ If you wish to visit Members representing districts other than where your main agency street address is located, please provide all program street addresses so that we can establish your constituency with those offices.
- ❖ If you are not available all day, please identify your availability and which offices to prioritize.
- ❖ Please return this form with your registration form by mail or fax (202/362-5145), or email the information to pat.johnston@nacbh.org. Attach additional pages as necessary.

Your name _____

Agency name _____

Cell phone number where you can be reached on April 27 _____

Quick facts for us to mention when requesting appointments:

of employees _____ # of children/youth served annually _____

I am available all day I am only available: _____

check here for NACBH to schedule with Members representing the main agency address:

Street address (not PO box) _____

City, state, zip code _____

check here for NACBH to schedule with Members from additional districts:

Program street address _____

City, state, zip code _____

Program street address _____

City, state, zip code _____

Program street address _____

City, state, zip code _____

2nd registrant's name

Title

Address (if different from above)

Phone and fax numbers

Email

Special Requirements

3rd registrant's name

Title

Address (if different from above)

Phone and fax numbers

Email

Special Requirements

Questions/Topics for Open Forum:

Please send completed registration form and Congressional scheduling form to NACBH as soon as possible at (202) 362-5145 (fax) or pat.johnston@nacbh.org.

Payment may follow to NACBH at 2920 Brandywine Street, NW, Washington, DC 20008, identifying the registrant.